

THE VILLAS AT ST. JAMES

OCTOBER 17th – OCTOBER 22ND

SUNDAY OCTOBER 17TH

BREAKFAST: Scrambled Eggs, Sausage, Oatmeal, French Toast

LUNCH: Honey Glazed Ham, Sweet Potatoes, Roasted Apples, Three Bean Salad, Carrot Cake

SUPPER: BLT, Macaroni Salad, Fruit Salad, Cookie

MONDAY OCTOBER 18TH

BREAKFAST: Omelet, Bacon, Grits

LUNCH: Mostacolli, Mini Salad, Garlic Bread, Ice Cream

SUPPER: Vegetable Soup, Grilled Chicken Sandwich with Lettuce and Tomato, Banana Bread

TUESDAY OCTOBER 19TH

BREAKFAST: Fried Egg, Sausage, Biscuits and Gravy

LUNCH: Roast Chicken, Dressing, Mixed Vegetables, Fruit Pie

SUPPER: Pizza, Caesar Salad, Brownie

WEDNESDAY OCTOBER 20TH

BREAKFAST: Scrambled Eggs, Bacon, Cream of Wheat, Hash Browns

LUNCH: Beef and Dumplings, Peas and Carrots, Cucumber Salad, Angel Food Cake

SUPPER: White Chicken Chili, Hot Dog, Peaches, Oatmeal Cookie

THURSDAY OCTOBER 21ST

BREAKFAST: Fried Egg, Country Ham, Grits

LUNCH: Liver and Onions, Mashed Potatoes, Gravy, Corn, Rosey Pineapple, Apple Spice Cake

SUPPER: BBQ Pork Sandwich, Potato Salad, Pickled Beets, Lemon Poppy-seed Bread

FRIDAY OCTOBER 22ND

BREAKFAST: Scrambled Eggs, Sausage, Cream of Wheat

LUNCH: Lemon Baked Fish, Rice Pilaf, Stewed Tomatoes, Apple Sauce, Birthday Cake

SUPPER: Bratwurst on Bun, French Onion Soup with Cheesy Bread, Fruit Cup, Peanut Butter Bar

SATURDAY OCTOBER 23RD

BREAKFAST: Scrambled Eggs, Bacon, Oatmeal, Pancakes

LUNCH: Turkey, Scalloped Potatoes, Green Bean Casserole, Cottage Cheese, Pumpkin Pie

SUPPER: Hoagie Roll Sub, Lettuce Tomato, Chips, Mixed Fruit, Cookie

Daily Breakfast Options: Cold and Hot Cereals, juices, coffee, yogurt, fresh fruit

Daily Substitutions for Lunch and Supper: Chicken Tenders, Hot Dog, Hamburger, Soup, Grilled Cheese

FALL /WINTER WEEK #4 PLEASE LET KITCHEN KNOW AT LEAST ONE HOUR IN ADVANCE IF YOU WOULD LIKE A SUBSTITUTION